

2011 LIVE BALL TENNIS @ NORBECK GROVE
SPRING JUNIOR TENNIS INSTRUCTIONAL PROGRAM
APRIL 25TH – JUNE 20TH
(8 WEEKS)
NO CLASS ON MEMORIAL DAY MAY 30TH

AT LIVE BALL TENNIS WE USE THE QUICK START PLAY FORMAT WHICH ALLOWS KIDS TO RALLY AND PLAY RIGHT FROM THE START. QUICK START IS DESIGNED AROUND THE SAME CONCEPTS AS OTHER YOUTH SPORTS SUCH AS SOCCER, BASEBALL, AND BASKETBALL, ALL OF WHICH USE EQUIPMENT AND COURT/FIELD SIZES SCALED TO THE SIZE OF YOUNG CHILDREN. THE SCALED DOWN EQUIPMENT AND SMALLER PLAYING FIELDS ALLOW KIDS TO ACHIEVE SUCCESS THE FIRST TIME OUT AND SUSTAIN THAT SUCCESS AS THEY CONTINUE TO DEVELOP AND REFINE THEIR SKILLS. FOR MORE INFORMATION ON THIS REVOLUTIONARY TEACHING SYSTEM PLEASE VISIT WWW.10ANDUNDER.TENNIS.COM

CLASSES WILL BE CONDUCTED BY PROFESSIONALS CERTIFIED BY THE UNITED STATES PROFESSIONAL TENNIS ASSOCIATION OR BY THE UNITED STATES PROFESSIONAL TENNIS REGISTRY. THE STUDENT TO TEACHER RATIO WILL NOT EXCEED 6:1.

OUR CLASSES COINCIDE WITH THE TOURNAMENT LEVELS THAT ARE FOUND IN OUR MID-ATLANTIC SECTION. L5 IS THE MOST ENTRY LEVEL TOURNAMENT. L1 IS THE HIGHEST LEVEL TOURNAMENT COMPRISED OF THE TOP RANKED PLAYERS IN OUR SECTION. THEREFORE OUR L5 CLASS IS FOR OUR YOUNGEST LEAST EXPERIENCED PLAYER. WE WILL NOT OFFER AN L1 CHAMPIONSHIP CLASS THIS SPRING BUT PLAN TO DO SO IN THE FUTURE AS THE KIDS BECOME MORE PROFICIENT.

LEVEL: QUICK START JUNIORS LEVEL 5: (AGES 4 – 6)

THIS CLASS IS DESIGNED TO CREATE ENTHUSIASM FOR TENNIS, AND TO IMPROVE HAND-EYE COORDINATION. GAMES ALONG WITH DRILLS AND VARIOUS TEACHING AIDS MAKE FOR A WONDERFUL LEARNING ENVIRONMENT. THIS CLASS IS ALL ABOUT FUN AND MOVEMENT AND YOUR CHILD WILL LOVE IT!

DAY AND TIME:	MONDAY AND/OR WEDNESDAY	4:15 – 5:00 PM
COST: \$120		& 5:00 – 5:45 PM

LEVEL: QUICK START JUNIORS LEVEL 4: (AGES 6 – 8)

THIS CLASS EMPHASIZES THE BASICS. STUDENTS LEARN BASIC STROKE TECHNIQUES, SCOREKEEPING, RALLYING, AND PROPER MOVEMENT. GAME-BASED LEARNING AND FUN IS A BIG PART OF THIS CLASS.

DAY AND TIME:	TUESDAY AND/OR FRIDAY	4:15 – 5:15PM
	SATURDAY	12:00 – 1:00PM
COST: \$160		

LEVEL: QUICK START JUNIORS LEVEL 3: (AGES 8 – 12)

THIS CLASS STRIVES TO CONTINUE ON IMPROVING FUNDAMENTALS. STROKE MECHANICS ARE EMPHASIZED AND RALLYING CONSISTENCY IS IMPROVED. JUNIORS IN THIS PROGRAM WILL EXPERIENCE PROPER STROKING REINFORCEMENT, GAME BASED DRILLS AND LOTS OF FUN AND ENCOURAGEMENT.

DAY AND TIME:	TUESDAY AND/OR FRIDAY	5:15 – 6:15PM
	SATURDAY	1:00 - 2:00PM
COST: \$160		

LEVEL: CHALLENGER LEVEL 2: (AGES 9 – 16)

THIS CLASS IS PERFECT FOR THOSE JUNIORS WHO DO NOT HAVE THAT MUCH MATCH EXPERIENCE, BUT WOULD LIKE TO START TAKING THEIR TENNIS TO THE NEXT LEVEL. THIS PROGRAM WILL FURTHER IMPROVE STROKE TECHNIQUE AND JUNIORS CAN EXPECT MANY DRILLS DESIGNED TO TEACH EFFECTIVE PLAYING.

DAY AND TIME:	THURSDAY	4:15 – 6:15PM
COST: \$320		

REGISTRATION FORM FOR THE JUNIOR INSTRUCTIONAL PROGRAM

NAME: _____ CLASS: _____ AGE: _____

CIRCLE APPLICABLE DAYS: **M T W Th F S** TIME: _____

NAME: _____ CLASS: _____ AGE: _____

CIRCLE APPLICABLE DAYS: **M T W Th F S** TIME: _____

AMOUNT ENCLOSED: _____

ADDRESS: _____ PHONE: _____ CELL: _____

PARENT'S NAME: _____ EMAIL ADDRESS: _____

PLEASE MAIL REGISTRATION FORM AND FULL PAYMENT TO: LIVE BALL TENNIS:

4805 ABBEYVILLE PLACE OLNEY MD 20832

QUESTIONS: (240) 498-6140 OR EMAIL: LIVEBALLTENNIS@GMAIL.COM